



Allergen key:

- May Contain in ()
- (P) Peanuts
- (N) Nuts
- (CR) Crustaceans (Shellfish)
- (MO) Molluscs (Shellfish)
- (F) Fish
- (E) Eggs
- (MI) Milk
- (G) Cereals containing Gluten
- (S) Soya
- (SS) Sesame seeds
- (CE) Celery
- (MU) Mustard
- (L) Lupin
- (SB) Sulphur Dioxide

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

OPTION 1

OPTION 2

OPTION 3

OPTION 4

DESSERT

Margherita Pizza, Potato Wedges & Baked Beans
MI; G; S; (E)

Sausage & Mashed Potato, with Peas & Sweetcorn
G; SD; MI

Roast Chicken, Roast Potatoes, Yorkshire Pudding, Seasonal Vegetables & Gravy
G; E; MI

Beef Meatballs with Italian Tomato Sauce, Penne Pasta & Garlic Bread
G; (S)

Salmon & Sweet Potato Fishcake OR Battered Fish Fillet with Chips and Peas or Baked Beans
G; F

Vegetable Supreme Pizza, Potato Wedges & Baked Beans
MI; G; S; (E)

Veggie Sausage & Mashed Potato with Peas & Sweetcorn
CE; G; MI

Roast Quorn, Roast Potatoes, Yorkshire Pudding, Seasonal Vegetables & Gravy
G

Tomato & Herb Penne Pasta with Garlic Bread
G; (S)

Vegetable Goujons with Chips, Peas or Baked Beans

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Baked Potato with Grated Cheese MI; Baked Beans or Tuna Mayo E; F & Salad

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Cheese Wrap G; MI Ham Wrap G
Nachos Carrot Sticks Apple Chocolate Crunch G; E

Cheese Roll G; MI Ham Roll G
Popcorn, Cucumber Sticks, Orange Wedges Flapjack G; E

Cheese Wrap G; MI Ham Wrap G
Tuna Mayo Wrap G; E; F
Nachos Carrot Sticks Watermelon Wedge Shortbread Biscuit G

Cheese Roll G; MI Ham Roll G
Popcorn Cucumber Sticks Honeydew Melon Victoria Sponge Cake G; E; MI

Cheese Wrap G; MI Ham Wrap G
Nachos Carrot Sticks Apple Frube Yoghurt MI

Chocolate Crunch
G; E

Flapjack with Fruit Wedge
G

Apple Crumble & Custard
G; MI

Victoria Sponge Tray Bake
G; E; MI

Fresh Fruit Selection

Please Refer to Separate Menu for Gluten Free, Dairy Free and Vegan Options.
Available everyday: Salad Options Available Daily.

WEEK 2

Allergen key:

- May Contain in ()
- Peanuts (P)
- Nuts (N)
- Crustaceans (Shellfish) (CR)
- Molluscs (Shellfish) (MO)
- Fish (F)
- Eggs (E)
- Milk (MI)
- Cereals containing Gluten (G)
- Soya (S)
- Sesame seeds (SS)
- Celery (CE)
- Mustard (MU)
- Lupin (L)
- Sulphur Dioxide (SD)

MONDAY

OPTION 1

Margherita Pizza, Potato Wedges & Baked Beans
MI, G, S (E)

OPTION 2

Vegetable Supreme Pizza, Potato Wedges & Baked Beans
MI, G, S (E)

OPTION 3

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

OPTION 4

Cheese Wrap G; MI
Ham Wrap G
Nachos
Carrot Sticks
Apple
Chocolate Cornflake Nest G

DESSERT

Chocolate Cornflake Nest G

TUESDAY

Pork & Apple Burger with Wedges & Garden Peas
G; SD; S; (SS)

Vegetable Bean Burger, with Wedges & Garden Peas
G; S; (SS)

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Cheese Roll G; MI
Ham Roll G
Popcorn
Cucumber Sticks
Orange Wedges
Shortbread Biscuit G

Shortbread Biscuit & Fruit Wedge G

WEDNESDAY

Roast Chicken, Roast Potatoes, Yorkshire Pudding, Seasonal Vegetables & Gravy
G; E; MI

Roast Quorn, Roast Potatoes, Yorkshire Pudding, Seasonal Vegetables & Gravy G; E; MI

Baked Potato with Grated Cheese MI; Baked Beans or Tuna Mayo E; F & Salad

Cheese Wrap G; MI
Ham Wrap G
Tuna Mayo Wrap G; E; F
Nachos
Carrot Sticks
Watermelon Wedge
Frube Yoghurt MI

Fresh Fruit Selection

THURSDAY

Beef Bolognaise with Penne Pasta & Garlic Bread
CE; G; (S)

Macaroni Cheese & Garlic Bread
G; MI; (S)

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Cheese Roll G; MI
Ham Roll G
Popcorn
Cucumber Sticks
Honeydew Melon
Lemon Drizzle Cake G; E

Lemon Drizzle Sponge Cake G; E

FRIDAY

Battered Fish Fillet with Chips & Peas or Baked Beans
G; F

Southern Style Quorn Nuggets with Chips, Peas or Baked Beans G

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Cheese Wrap G; MI
Ham Wrap G
Nachos
Carrot Sticks
Apple
Frube Yoghurt MI

Ice Cream Sundae MI

Please Refer to Separate Menu for Gluten Free, Dairy Free and Vegan Options.
Available everyday: Salad Options Available Daily.

eats.

AUTUMN/WINTER 23/24

2nd October, 30th October,
20th November, 11th December,
8th January, 29th January,
26th February, 18th March

Menu



Allergen key:
May Contain in ()



Peanuts (P)



Nuts (N)



Crustaceans (Shellfish) (CR)



Molluscs (Shellfish) (MO)



Fish (F)



Eggs (E)



Milk (MI)



Cereals containing Gluten (G)



Soya (S)



Sesame seeds (SS)



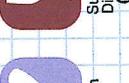
Celery (CE)



Mustard (MU)



Lupin (L)



Sulphur Dioxide (SD)

MONDAY

OPTION 1

Margherita Pizza, Potato Wedges & Baked Beans
MI; G; S (E)

OPTION 2

Vegetable Supreme Pizza, Potato Wedges & Baked Beans
MI; G; S (E)

OPTION 3

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

OPTION 4

Cheese Wrap G; MI
Ham Wrap G
Nachos
Carrot Sticks
Apple
Vanilla Crunch G; E

DESSERT

Vanilla Crunch
G; E

TUESDAY

Sausage Roll, Mashed Potatoes & Baked Beans
G; MI; S; SD

Vegan Sausage Roll, Mashed Potatoes & Baked Beans
G; MI; S; SD

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Cheese Roll G; MI
Ham Roll G
Popcorn
Cucumber Sticks
Orange Wedges
Iced Sponge G; E

Iced Sponge
G; E

WEDNESDAY

Roast Pork, Roast Potatoes, Stuffing, Seasonal Vegetables & Gravy
G

Roast Quorn, Roast Potatoes, Stuffing, Seasonal Vegetables & Gravy
G

Baked Potato with Grated Cheese MI; Baked Beans or Tuna Mayo E; F; & Salad

Cheese Wrap G; MI
Ham Wrap G
Tuna Wrap G; E; F
Nachos
Carrot Sticks
Watermelon Wedge
Shortbread Biscuit G

Chocolate Pudding & Sauce
G; E; MI

THURSDAY

Beef Lasagne with Garlic Bread & Salad
G; E; MI; (S)

Vegetable Pasta Bake with Garlic Bread & Salad
G; MI; (S)

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Cheese Roll G; MI
Ham Roll G
Popcorn
Cucumber Sticks
Honeydew Melon
Oaty Cookie G

Oaty Cookie & Fruit Wedge
G; (MI)

FRIDAY

Battered Fish Fillet with Chips & Peas or Baked Beans
C; F

Vegetable Goujons with Chips & Peas or Baked Beans

Baked Potato with Grated Cheese MI; or Baked Beans & Salad

Cheese Wrap G; MI
Ham Wrap G
Nachos
Carrot Sticks
Apple
Frube Yoghurt MI

Fresh Fruit Selection

Please Refer to Separate Menu for Gluten Free, Dairy Free and Vegan Options.
Available everyday! Salad Options Available Daily.

